

October – December 2008

Natural results for a more beautiful you...because a woman understands!

KISS IKE GOODBYE...

Get your Christmas gift early,  
Do what you like,  
Call for your complimentary consultation with  
Dr. Donna Rich to learn more about our new  
ULTIMATE LUXURY gift packages.



Introducing:

*Dr. Rich's Ultimate Luxury Packages*

As a woman, Dr. Rich knows that a little luxury goes a long way, so she includes pampering products and treatments, at no additional cost, in her surgery packages.

❖ Breast Luxury Package:

Choose any breast procedure and receive a "feel good" microdermabrasion treatment in our state-of-the-art skin care clinic.

❖ Body Contouring Luxury Package:

Enhance your surgical results, while indulging in Dr. Rich's Green Tea Antioxidant Moisturizing Body Lotion, packed with ceramides, green tea, and hyaluronic acid. Two medical-grade garments are included in our liposuction and tummy tuck packages.

❖ Face Lift Luxury Package:

Recover and maintain your redefined beauty with a gift of selected products, customized for you, by Dr. Rich. Medical-grade ingredients in Dr. Rich's skin care line include therapeutic levels of green & white tea polyphenols, hyaluronic acid, caffeine, All-Trans Retinols, antioxidants, ceramide 2, comprehensive systems of peptides, chelators, and moisturizers. Pampering your face is essential in preserving the new you!

Dr. Rich's New Breast Lift Technique creates a buzz in Houston...

With age and the result of gravity, our breasts begin to droop or sag. If you wish that your breasts were higher or firmer, a breast lift, or mastopexy, might be the answer. A breast lift will raise the breasts, reposition the nipples, and the areolas may be reduced in size.

Dr. Rich's new technique uses shaping sutures that use the patient's own breast tissue to augment the upper pole, preventing that "scoop" look to the upper breasts. Breast implants can also be inserted if increased volume is desired.

Call today to find out about Dr. Rich's new breast technique, which reduces pain, scarring, and back to work time.

Some ladies may be okay with dark spots, thanks to Dr. Rich's Pigment Peel Package you don't have to be!

Your experience begins with priming your summer-damaged skin with Dr. Rich's specially formulated environmentally damaged skin care line. Next, Dr. Rich performs an invigorating peel. This exclusive, high-potency peel can only be applied by a physician. Calm your complexion, after the treatment, with Dr. Rich's customized Post Peel Package. Finish with the final step and maintain even tone with prescription only, FDA approved, triple-combination therapy Tri-Luma Cream that can be added to your Post Peel Package.

Facts about Tri-Luma®:

- ❖ No topical cream has been proven more effective than Tri-Luma Cream for treating dark spots.
- ❖ It can start to work in as little as 4 weeks.
- ❖ Proven safe for long-term use (6-12 months).

## What Is Your Favorite Day of the Week?

At Bayview Plastic Surgery, it's FRIDAYS...  
**FILLER FRIDAYS!**

### New to FILLER FRIDAYS: The Comfort Mask!

Experience pain-free injections for the first time, with Dr. Rich's new injection technique and the Pliaglis Comfort Mask. Never suffer for beauty again!

Dr. Rich showcases her talent for achieving dramatic, fresh-faced results with the latest & greatest injectable facial fillers. If you have always been curious about what non-surgical treatments can achieve, schedule a consultation with Dr. Rich. If you decide to give fillers a try, you can have your treatment done at that appointment. Relax the lines, erase those wrinkles, plump up the tops of your cheeks or your lips! Experience the art of natural enhancement with top of the line products such as Botox, Restylane, Radiesse, and Juvederm, with discounts galore on  
**FILLER FRIDAYS!**

### Radiesse (long lasting line eraser)

1st syringe is \$700  
2nd syringe is \$50 off  
3rd syringe is \$100 off

### Restylane (perfect for plumping your pout)

1st syringe is \$600  
2nd syringe is \$50 off

### Botox (relax those wrinkles)

1st area is \$250  
2 areas are \$500  
All 3 areas are \$600

### OUR LITTLE SECRET

Dr. Rich offers labia reduction and beautification in her surgery center. Many patients choose to have this procedure along with other cosmetic surgery. Adding labiaplasty to your surgery package is more economical and does not extend your recovery period. Schedule your private consultation with Dr. Rich for more information.

## DR. RICH'S PLAYS FALL FAVORITES!

We are excited about featuring specially selected skin care products that have Dr. Rich's seal of approval, as one of her personal favorites for the fall season. Each and every staff member at Bayview Plastic Surgery has tested these selected items, so we are happy to give you not only product information, but our personal experiences with each of them. Monthly-featured products are available on their own or in a customized set.

### ❖ OCTOBER:



#### **Dr. Rich's Ultra Gentle Cleanser**

Dr. Rich's Ultra Gentle Cleanser is a rich, soap-free liquid that gently cleanses and softens the skin without drying. This cleansing formula contains a rich blend of antioxidants including Liposomal Vitamins A, C, E and Green Tea Extract in combination with Co-Q10, to assist in minimizing free-radical-induced skin damage while aiding in the restoration of healthy looking skin. Dr. Rich's Ultra Gentle Cleanser is delicately scented with light essential oil of lavender.  
**October Special \$18 (Reg. \$20)**

### ❖ NOVEMBER:



#### **Dr. Rich's Benzaderm Gel (acne spot treatment)**

Seeing spots? Try Dr. Rich's Benzaderm Gel. It is an easy to use, effective topical acne medication. This gel is the perfect spot treatment, utilizing the antibacterial properties of benzoyl peroxide 10% to clear troubled skin quickly.  
**November Special \$16 (Reg. \$19)**

### ❖ DECEMBER:



#### **Dr. Rich's Green Tea Antioxidant Moisturizing Body Lotion**

Dr. Rich's Green Tea Antioxidant Moisturizing Body Lotion is a silky, fast absorbing, daily-use body lotion has been specially formulated for all skin types. This body lotion is fortified with selected penetrating lipids, Ceramide-2, Sterols, Caffeine, and Hyaluronic acid to help restore and maintain healthy skin barrier function while preventing moisture loss.  
**December Special \$40 (Reg. \$44)**